



## House Technology rules

### *I ask permission.*

- I check with a parent/adult before I use any device (iPad, iPod, computer, tablet, phone, DS, Xbox, Wii, PlayStation).
- I must ask permission to use the Internet (on the computer, phone, gaming console).
- I cannot use the Internet unless my parent or carer is there (or knows what I am doing).
- I ask permission before I chat with a friend.
- I ask permission before I download a game or app.
- I ask permission before I purchase anything on line.
- I ask permission before I enter any competitions.
- **When I am asked to log off, I do that.**

### *I have time limits.*

- There are times when I am not allowed on the computer.
- I must have some technology-free time each night before bed.
- I never use **Internet devices** in the bedroom.
- There is no technology allowed in my bedroom at night so that I sleep well.

### *I protect my passwords.*

- My parent or carer **has my passwords** to any device or website.
- I do not share my password with anyone except my parent or carer (unless they give me permission to share).

### *I must never talk about myself or my family on the computer or on a device.*

- I must never share a photo online without permission.
- I must never mention my school or home address.
- I must never mention the team where I play sport.
- I must never mention when we are going on holidays.

### *I am only allowed on some sites and some games.*

- I have a list of websites that I am allowed to visit.
- I can only use programs that my parent/carers allows.
- I must never click to download anything (without permission).

### *I must not talk to people I have not met in person.*

- I check with my parent/carers before I chat with someone, even if I think I know who they are.
- I can only message others if I have permission from my parent or carer.
- I do not accept a message from anyone until an adult has said it is okay.
- I do not play with people I do not know inside games (like Minecraft).

If something makes me uncomfortable or if I make a mistake, I must tell a parent or carer.

